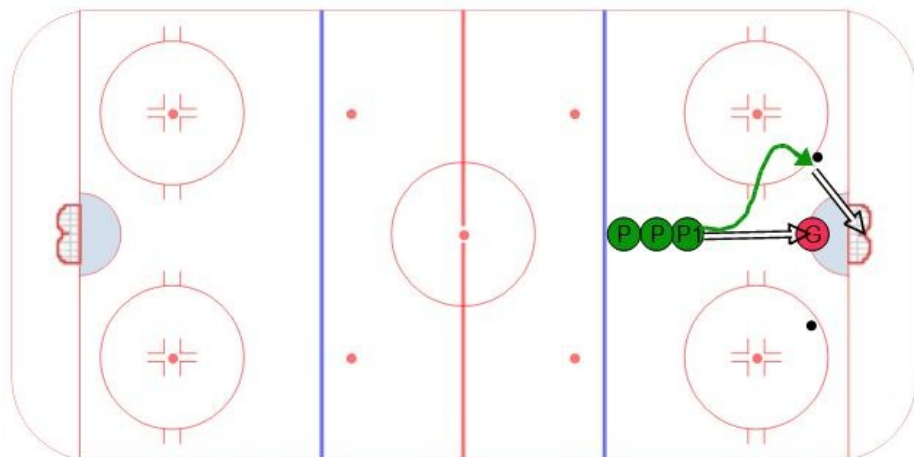


Shot, Recover, Rebound Goalie Drill



Notes / Coaching Points



Description

This is a great hockey drill for goalies to work on recovering after rebounds. Place two pucks off to the side of the net and a line of players in the high slot. The players in the high slot have pucks as well. The first player in line shoots to score and then regardless of where the rebound goes they skate to one of the pucks at the side of the net and treat that puck as the rebound. After the player shoots their rebound shot they need to replace the puck for the next player.