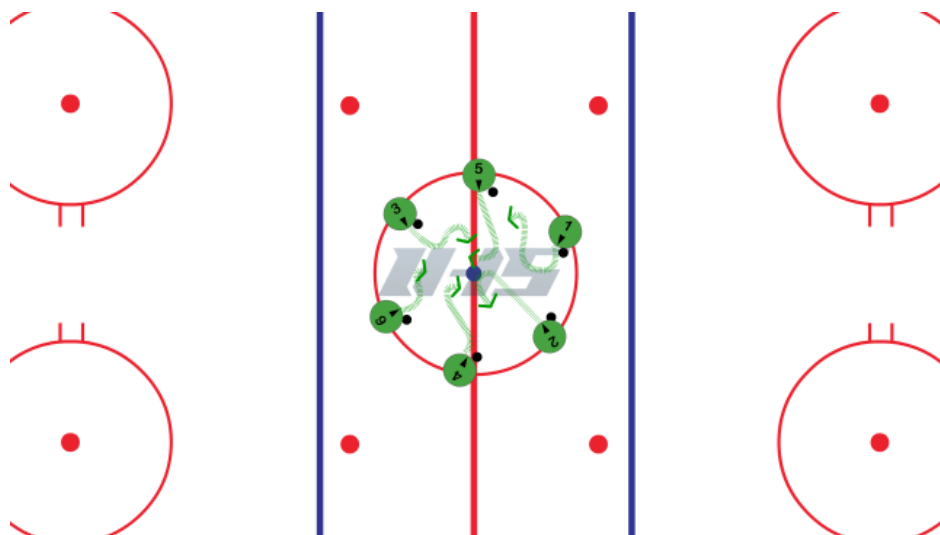


King of the Hill Puck Control Drill



Notes / Coaching Points

Description

This is a fun drill to start or end practice with. Players will love this drill! If you have more than 6 players you can start by increasing the boundaries to include the entire neutral zone. Once there are 6 players remaining then you can narrow the boundaries down to the circle.

Every player will have a puck to start and on the whistle players will skate around controlling the puck. The object of the game is to maintain control of your puck and be the last player to have control of your puck. As players skate around they will also try to knock other players pucks away. If you get your puck knocked away then you have to leave the playing area. The last player with control of their puck WINS!

Be sure to watch the demonstration video above. If you need proof that this drill is great for all levels then watch this video of the [Pittsburgh Penguins playing King of the Hill](#).