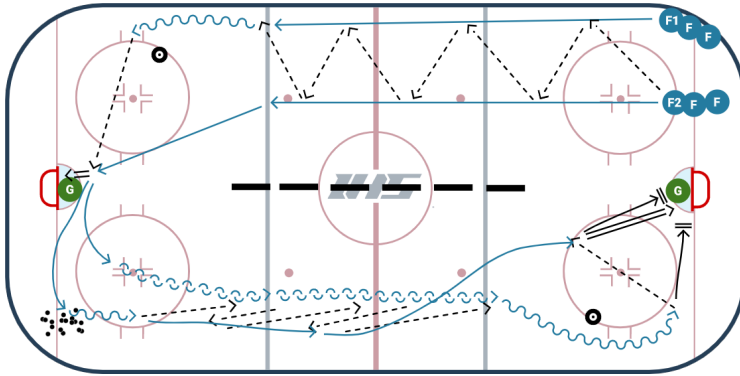


2 vs. 0 Rush Series #1



Notes / Coaching Points



Description

This passing drill is the first in a series of progressions. These drills work on passing, zone entry, and how to attack the net with two players. In this first series the players will go down one side of the ice making as many passes as possible. As they start to enter the zone it is important that the player on the inside (P2) passes to the outside player (P1) and drives hard to the net. Player 1 drives wide and will then pass the puck to P2 at the far post as they are driving hard to the net with their stick on the ice. P2 has to stop at the net and then go below the goal line and pick up a new puck as they head up ice. P1 will skate up ice and transition backwards. The two players will pass back and forth as many times as possible before P1 gets to the far blue line. At the far blue line P1 will transition forward while maintaining possession of the puck. This time they will drive wide and shoot right when they get around the tire.