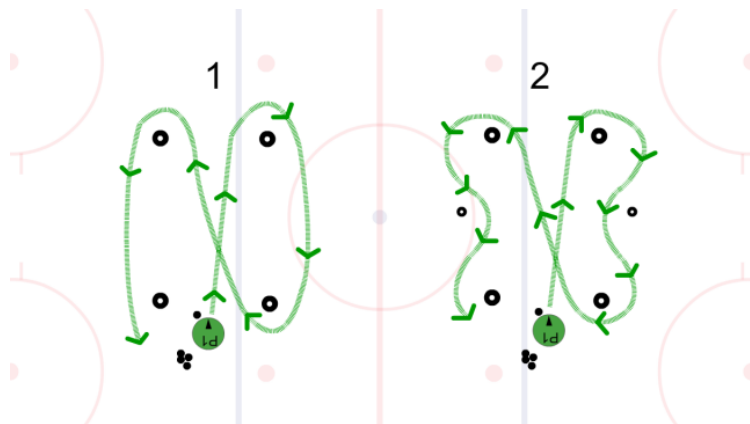


# Tricky Icky - Puck in Triangle



Notes / Coaching Points



## Description

This puck protection sequence has players working on tight turns with puck protection to take space away from the pressure. Be sure to reference the video for the proper way to add passive but effective pressure on the puck carrier.

## Progressions

- pattern #1 with no puck
- pattern #1 with puck
- pattern #2 (triangle) with puck

## Coaching Points

- On the tight control turns lead with the inside leg and trust outside edge of that inside skate.
- Hand position needs to allow for the stick blade to be closed so the puck does not slide off the end of the blade.
- Once player gains position on the pressure they need to take away the defenders space using their body.