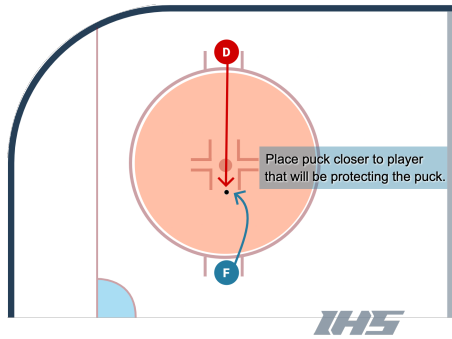


Puck Protection - Surround Puck



Notes / Coaching Points

Description



This puck protection drill can be done in one of the circles. To set it up place two players on opposite sides of the circle facing each other. One player will be designated as the puck protector. Place the puck closer to the puck protector to give them a slight advantage. On the whistle both players battle for the puck. As you see in the video the puck protector should take care the defender's stick and use their body to surround the puck. The puck protector works to keep the puck in the circle. Allow the players to battle until the puck protector loses possession of the puck.